



## 19th APS ISPAD Diabetes Workshop

Sofitel Brisbane Central 16 and 17 October 2026

### DAY 1

| TIME  | ACTIVITY     | SPEAKER / CHAIR              | SESSION / PRESENTATION                                         | DURATION |
|-------|--------------|------------------------------|----------------------------------------------------------------|----------|
| 8:45  | Welcome      | <b>Chair: Peter Goss</b>     | Welcome — ISPAD and Regional Australia                         | 15 min   |
| 9:00  | Session      | <b>Peter Goss</b>            | Prevention and Cure                                            | —        |
| 9:00  | Presentation |                              | Screening and Intervention — Where Are We?                     | 20 min   |
| 9:30  | Presentation | <b>Bruce King</b>            | When to Start Insulin in Stage 3 T1D                           | 20 min   |
| 10:00 | Presentation | <b>Tara Griffin</b>          | What Can Clinicians Do to Prevent Emotional Issues?            | 20 min   |
| 10:30 | BREAK        |                              | MORNING TEA                                                    | 30 min   |
| 11:00 | Session      | <b>Chair: Siobhan Barlow</b> | Diabetes Education & AID                                       | —        |
| 11:00 | Presentation | <b>Richard McGee</b>         | Outcome Targets in Paediatric T1D and Strategies to Reach Them | 20 min   |
| 11:30 | Presentation | <b>Deb Foscett</b>           | AID Without Food Bolus                                         | 20 min   |
| 12:00 | Presentation | <b>Megan Paterson</b>        | Travel to a Family Beach Resort with AID                       | 20 min   |
| 12:30 | Presentation | <b>Lucy Casson</b>           | Sick Days, Alcohol and Intimacy with AID Systems               | 20 min   |
| 1:00  | BREAK        |                              | LUNCH                                                          | 45 min   |
| 2:00  | Session      | <b>Chair: Anton Harding</b>  | Hot Topics in Nutrition                                        | —        |
| 2:00  | Presentation | <b>Carmel Smart</b>          | ISPAD Nutrition Guidelines                                     | 20 min   |
| 2:30  | Presentation | <b>Clare Slater</b>          | Simplified Carb Counting — Small, Medium, Large                | 20 min   |
| 3:00  | Presentation | <b>Andy Cotterill</b>        | Obesity in T1D — Role of GLP-1 Agonists                        | 20 min   |
| 3:30  | BREAK        |                              | AFTERNOON BREAK                                                | —        |



| TIME      | ACTIVITY        | SPEAKER / CHAIR          | SESSION / PRESENTATION                                  | DURATION |
|-----------|-----------------|--------------------------|---------------------------------------------------------|----------|
| 4:00      | Session         | <b>Chair: Bruce King</b> | T1D Workforce                                           | —        |
| 4:00      | Presentation    | <b>Anton Harding</b>     | Sustaining T1D Care Across the Public–Private Interface | 15 min   |
| 4:15      | Presentation    | <b>Peter Goss</b>        | Sustaining Specialist T1D Care in Regional Australia    | 15 min   |
| 4:30      | Discussion      | <b>Group Discussion</b>  | Discussion                                              | 20 min   |
| 4:50      | Closing Session |                          | Future Action                                           | 10 min   |
| 5:00      | <b>FINISH</b>   |                          |                                                         |          |
| 5:00–6:00 | <b>SOCIAL</b>   |                          | <b>Cocktails &amp; Canapés</b>                          | 60 min   |

## DAY 2

| TIME  | ACTIVITY     | SPEAKER / CHAIR              | SESSION / PRESENTATION                       | DURATION |
|-------|--------------|------------------------------|----------------------------------------------|----------|
| 9:00  | Session      | <b>Chair: Megan Paterson</b> | The Consumer Voice                           | —        |
| 9:00  | Presentation | <b>Ange McCaughly</b>        | A National Survey of What T1D Consumers Want | 20 min   |
| 9:30  | Presentation | <b>Tamara Boyer</b>          | T1D in Early Childhood Education Centres     | 20 min   |
| 10:00 | Presentation | <b>Siobhan Barlow</b>        | How Can Parents Stay the Distance?           | 20 min   |
| 10:30 | Presentation | <b>Tara Griffin</b>          | Assisting Siblings with T1D                  | 20 min   |
| 11:00 | <b>BREAK</b> |                              | <b>MORNING TEA</b>                           | 30 min   |
| 11:30 | Session      | <b>Chair: Carmel Smart</b>   | Building a Regional Team                     | —        |
| 11:30 | Presentation | <b>Chris Lawrence</b>        | Adapting a Successful T1D Outcome Model      | 20 min   |
| 12:00 | Presentation | <b>Carmel Smart</b>          | Educating Dietitians in T1D Care             | 20 min   |
| 12:30 | Presentation | <b>Melanie Cullen</b>        | Educating Psychologists in T1D Care          | 20 min   |
| 1:00  | <b>BREAK</b> |                              | <b>LUNCH</b>                                 | 60 min   |



|             |                      |                                         |                                      |          |
|-------------|----------------------|-----------------------------------------|--------------------------------------|----------|
| <b>2:00</b> | <b>Session</b>       | <b>Chair: Peter Goss</b>                | <b>What's New from the Companies</b> | <b>—</b> |
| <b>2:00</b> | Sponsor Presentation | <b>Sanofi</b>                           | What's New from our Company          | 7 min    |
| <b>2:10</b> | Sponsor Presentation | <b>Novo Nordisk</b>                     | What's New from our Company          | 5 min    |
| <b>2:18</b> | Sponsor Presentation | <b>MiniMed</b>                          | What's New from our Company          | 3 min    |
| <b>2:24</b> | Sponsor Presentation | <b>MyLife</b>                           | What's New from our Company          | 3 min    |
| <b>2:30</b> | Sponsor Presentation | <b>Insulet</b>                          | What's New from our Company          | 3 min    |
| <b>2:33</b> | <b>BREAK</b>         |                                         | <b>MINI-BREAK</b>                    | 12 min   |
| <b>2:48</b> | Sponsor Presentation | <b>Abbott</b>                           | What's New from our Company          | 3 min    |
| <b>2:54</b> | Sponsor Presentation | <b>Dexcom</b>                           | What's New from our Company          | 3 min    |
| <b>3:00</b> | Sponsor Presentation | <b>Breakthrough T1D</b>                 | What's New from our Company          | 3 min    |
| <b>3:06</b> | Sponsor Presentation | <b>Type 1 Foundation</b>                | What's New from our Organisation     | 3 min    |
| <b>3:12</b> | Presentation         | <b>Megan Paterson &amp; Lucy Casson</b> | What's Next in T1D Technology?       | 12 min   |
| <b>3:30</b> | <b>BREAK</b>         |                                         | <b>AFTERNOON TEA</b>                 | 30 min   |
| <b>4:00</b> | <b>FINISH</b>        |                                         |                                      |          |